

Safe use and Inspection of Harnesses & Lanyards

Half Day Course

OVERVIEW

To provide formal instruction in the safe use of Harnesses for those who have received little or no formal instruction.

By the course end, delegates will be conversant with the correct use of a safety harness and lanyard and be aware of their legal duties.

COURSE CONTENT

The Health & Safety at Work Act 1974
Construction (Health, Safety & Welfare) Regulations 1996
Provision and the Use of Work Equipment Regulations 1998
The Working at Height Regulations 2005
Identification of Safety Harnesses
Care of Safety Harnesses
Storage of Safety Harnesses
Using Safety Harnesses
Safe Systems of Work

WHO WILL BENEFIT

For operators who work at height who are required to wear a safety harness

DETAILS

All delegates are required to bring their own harnesses as there is no standard harness. Each individual will have their own harness required for the specific role and need to understand how they fit and inspect them.

PPE REQUIRED

General Site PPE requirements

Maximum No. of Delegates: 6