

Working at Height Awareness

5 Day Novice / 3 Day Refresher / 1 Day Assess & Test

OVERVIEW

Aim

To raise awareness of Working at Height Safety

Objectives

By the course end, delegates will be conversant with the safe working practices as per the 2006 Regulations and fall arrest when working at height as per British Standards

WORKING AT HEIGHT AWARENESS

Course Content

Legislative duties for working at height

- Employer
- Employee

Working at height - environmental problems

Risk Assessment

Permits to work

Safe systems of work

Edge protection and man safe systems

P.P.E. and inspection procedures

- Body harness
- Lanyards
- Fall arrest systems

Safe use of ladders

Ladder inspection

Emergency procedures

Close

Duration

Half Day

Designed For

Those staff appointed to work at height