

Sideloader Forklift Truck

4-5 - Day Novice / 2-3 Days Refresher/ 1 Day Assess & Test

OVERVIEW

To teach the new operators to prepare, safely operate and maintain this type of machine

On completion of the course the operators will know:

- Their statutory duties under the Health & Safety at Work Act 1974
- The machine identification, terminology and daily maintenance
- The safety aspects relating to the safe operation of this type of machine
- The effect of load size, weight, gradients and ground conditions upon machine stability

COURSE CONTENT

- **Statutory Requirements:**
 - The Health & Safety at Work Act 1974
 - Section 2 General Duties of Employers
 - Section 7 & 8 General Duties of Employees
 - The Powers of the Inspectorate
 - The Provision & Use of Work Equipment Regulations 1998 (an overview)
- **Introduction of the Forklift:**
 - Identification of Controls
 - Identification of Parts
 - Identification of Instruments
- **Daily Inspection take over and Maintenance:**
 - Daily checklist
 - Daily maintenance
 - Vehicle condition
 - Hydraulic condition
- **Refuelling Procedures:**
 - Battery powered
 - Gas powered
 - Petrol or Diesel powered
- **Centres of Gravity and Load Stability:**
 - Load Centres
 - Fulcrum and Counterbalance
 - Causes of Instability
- **Driver Responsibility:**
 - Personal Safety
 - Parking of the forklift
 - Overloading
- **Emergency Procedures:**
 - Accident involving fire
 - Personal injury
- **Safe Driving Procedures:**
 - No load condition
 - Loaded condition
- **Load Handling:**
 - Stacking
 - Weight of load – Weight assessment
 - Security of loads
 - Loading and off-loading vehicles procedures
- **Practical:**
 - Truck familiarisation
 - Daily checks and maintenance
 - Truck operation, no load condition
 - General driving on advanced course and test
 - Operators safety code
 - Clients code of practice for fork truck operator

WHO WILL BENEFIT

The employees who are required to operate the Forklift Truck

DETAILS

Delegates should attend the correct course regarding the level of experience they have.

PPE REQUIRED

High Vis Jacket, Hard Hat, plus site specific PPE

Maximum No. of Delegates: 2/3