

Load Restraint for Road Transport Vehicles

1 - Day Course

COURSE OVERVIEW

This course is designed to provide an overview and understanding of safe load control practices for road transport vehicles.

This course will also equip those attending with the necessary practical and theoretical skills to comply with current European and International standards and their practical application in the workplace

COURSE CONTENT

- **Legislative:**
 - The Health & Safety at Work Act 1974
 - Overview of LOLER
 - Overview of PUWER
 - Road Laws
 - Company Transport Policy
- **Types of Restraints:**
 - Strops
 - Slings
 - Shackles
 - Lashing Points
- **GVW(Gross Vehicle Weights):**
 - Determining GVW by axle
 - Forces on loads (acceleration, deceleration and cornering)
 - Stability Triangle
 - Stability Triangle
- **Principals of Loading and securing:**
 - Basic load control theory
- **Driving Safely with Loads:**
 - General requirements

PRE-REQUISITES

Persons attending this course must be medically fit and where required have the correct driver qualifications.

WHO WILL BENEFIT

Those who will be working with vehicle loading and securing and drivers.

PPE REQUIRED

Hard Hat, Safety Harness, High Vis Jacket/Vest and Boots

CERTIFICATION

All delegates will receive a certificate and photo ID card valid for 2 years upon successful completion of the course and written and practical examination

Maximum No. of Delegates: 6

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