

Counterbalance Forklift Truck

4-5 - Day Novice / 2-3 Days Refresher/ 1 Day Assess & Test

OVERVIEW

To teach the new operators to prepare, safely operate and maintain this type of machine

On completion of the course the operators will know:

- Their statutory duties under the Health & Safety at Work Act 1974
- The machine identification, terminology and daily maintenance
- The safety aspects relating to the safe operation of this type of machine
- The effect of load size, weight, gradients and ground conditions upon machine stability

COURSE CONTENT

- **Statutory Requirements:**
The Health & Safety at Work Act 1974
Section 2 General Duties of Employers
Section 7 & 8 General Duties of Employees
The Powers of the Inspectorate
The Provision & Use of Work Equipment Regulations 1998 (an overview)
- **Introduction of the Forklift:**
Identification of Controls
Identification of Parts
Identification of Instruments
- **Daily Inspection take over and Maintenance:**
Daily checklist
Daily maintenance
Vehicle condition
Hydraulic condition
- **Refuelling Procedures:**
Battery powered
Gas powered
Petrol or Diesel powered
- **Centres of Gravity and Load Stability:**
Load Centres
Fulcrum and Counterbalance
Causes of Instability
- **Driver Responsibility:**
Personal Safety
Parking of the forklift
Overloading
Use of additional counterweights
- **Emergency Procedures:**
Accident involving fire
Personal injury
- **Safe Driving Procedures:**
No load condition
Loaded condition
- **Load Handling:**
Stacking
Weight of load – Weight assessment
Security of loads
Loading and off-loading vehicles procedures
- **Practical:**
Truck familiarisation
Daily checks and maintenance
Truck operation, no load condition
General driving on advanced course and test
Operators safety code
Clients code of practice for fork truck operator

WHO WILL BENEFIT

The employees who are required to operate the Forklift Truck

DETAILS

Delegates should attend the correct course regarding the level of experience they have.

PPE REQUIRED

High Vis Jacket, Hard Hat, plus site specific PPE

Maximum No. of Delegates: 2/3