

Appointed Person

3 Day Course / 1 Day Refresher Course

OVERVIEW

To provide the necessary information, instruction and training in order for delegates to perform the function of Appointed Persons for Lifting Operations.

On completion of the course delegates will be conversant with the principles and practices of Lift Planning in order to be appointed to perform the function of Appointed Persons under British and International standards.

COURSE CONTENT

Day 1

- **Statutory Requirements:**
 - The Health and Safety at Work Act 1974:
 - Section 2 – General Duties of Employers
 - Section 7 & 8 – General Duties of Employees
 - Powers of the Inspectorate
 - The Provision and Use of Work Equipment Regulations 1998 (An overview)
 - The Lifting Operations and Lifting Equipment Regulations 1998:
 - Regulation 7 – Marking of Lifting Equipment
 - Regulation 8 – Organisation of Lifting Operations
 - Regulation 9 – Thorough Examination and Inspection
 - Regulation 10 – Reports and Defects
 - Regulation 11 – Keeping of Information
- **British Standards:**
 - BS7121 Part 1 General 2006: Safe Use of Cranes
 - Managing the Lifting Operation
 - Planning the Lifting Operation
 - The Role of the Appointed Person
 - Crane Signalling
 - BS7121 Part 3: Working with Mobile Cranes
 - Basic Lifts – Standard Lifts – Complex Lifts
 - The Role of the Crane Supervisor
 - Tandem Lifting

Day 2

- **Mobile Crane:**
 - Slings to a Mobile Crane
 - Duty Charts for Mobile Cranes
 - Working with Duty Charts
- **Practical Planning:**
 - Planning the Lifting Operation
 - Establishing Weight and Centre of Balance
 - Inspection of Load to be Lifted
 - Selection of Method and Equipment
 - Safe Route Planning
 - Load Lifting and Movement
 - Job Completion Procedure

Day 3

- **Risk Management:**
 - Compiling Risk Assessments
 - Identification of Risks
 - Compiling Method Statements
 - Controlling the Lifting Operation using the Method Statement and Risk Assessment
- **Case Study:**
 - Positioning of a Crane to Move a Load
 - Course Summary – Review and Open Forum
 - Delegate Assessment

WHO WILL BENEFIT

Those who will need to carry out lift plan, method statements and supervise the lift when required.

DETAILS

To attend this course all delegates must have at least 2 years lifting experience and be a qualified Slinger Signaller

PPE REQUIRED

None (theory based course)

Maximum No. of Delegates: 6